



**FOR IMMEDIATE RELEASE**

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## **WOMEN'S MENTAL HEALTH ORGANIZATION ANNOUNCING FIRST ANNUAL *SUPPORT SUMMIT 2020***

*[Still Standing Together](#) provides ongoing efforts to raise awareness, social support, and honest conversation through our largest gathering for women to have a safe space for open discussions, educational resources, and emotional support on Mental Health.*

CHERRY HILL, NJ, DECEMBER 2019 -- *Support Summit 2020* will take place on Saturday, January 25, 2020 from 8am - 4pm at 1776 Collaborative Workspace in the Cherry Hill Mall in Cherry Hill, NJ. The event is hosted by *Still Standing Together*, a support and empowerment organization for women to provide mental health therapies, resources, social support and solutions, and will benefit an anticipated 75-100 women of all ages (18+), races, ethnicities or identifications who are facing challenges, hardships, or adversities, and looking for traditional and nontraditional approaches to benefit their mental health, speak with professionals, and have a safe environment to talk openly alongside others. It will bring together the [Group Support Leaders](#) from Still Standing Together 2019 Support Groups + Workshops and celebrate the One Year Anniversary of the organization. [Tickets](#) are on sale now until January 24th at 9pm. Early bird tickets are available until December 31, 2019. Also, accepting [Table Vendors](#), [Sponsorships](#), and [Donations](#) to support our *Still Standing Together Women's Grant* that will be awarded to a nominated recipient at the event.

A panel discussion including 10 professionals in the mental health industry such as psychotherapists, art therapists, spiritual guides, holistic practitioners, and life coaches, as well as motivational speakers, business and career thought leaders, and financial advisors will take place at the summit. The majority of the event will place focus on breakout support groups specifically themed for all attendees, similarly to the "support group + workshop" programs held throughout 2019. Refreshments will be provided along with interactive areas such as an "Art Therapy Corner" and "Journaling Practices."

Join our Still Standing Together inclusive community for a day of mental health & well-being resources, tangible tools, and honest talk with those going through similar challenges. Founded by [Daniela Galdi](#), Mental Health Advocate and On-Air Talent at QVC for Lori Greiner from ABC's *Shark Tank*; her mission is to offer accessibility to help improve mental health, shift mindset for people to take back control of their lives past their debilitating mental health circumstances, build a support system, and get women back on their feet.

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If you would like more information about this event or organization, please call Daniela Galdi at (267) 704-9073, or email [stillstandingtogether@gmail.com](mailto:stillstandingtogether@gmail.com) with subject "Press Inquiry."